

PUBLIC AND PRIVATE BENEFITS

ACCESS FOR INFANTS AND MOTHERS (AIM)

www.aim.ca.gov/english/AIMhome.asp

PH: (800) 433-2611

Full medical care during pregnancy and delivery for low-income (includes undocumented) women/teens with an income level too high to qualify for Medi-Cal. Must be pregnant less than 30 weeks and a California resident for at least six continuous months. Private insurance recipients with \$500+ maternity benefits deductible may apply. After birth, babies are eligible for Health Families enrollment.

CALIFORNIA CHILDREN SERVICES (CCS)

www.dhcs.ca.gov/services/ccs

PH: (800) 288-4584

Assistance for California residents (includes undocumented) under age 21 with certain health conditions: medical case management, doctor/hospital care, physical/occupational therapy, lab tests, x-rays, orthopedic appliances, medical equipment, school-based medical therapy. Children must have Medi-Cal/Healthy Families coverage or the family's annual adjusted gross income is \$40,000 or less and out-of-pocket medical expenses exceed 20% of that amount.

CAL-LEARN

www.ladpss.org/dpss/calworks/callearn.cfm

PH: (800) 511-2070

Mandatory program for CalWORKs participants under age 19 who are pregnant/parenting and have not completed high school. If benefits are lost and then reinstated, participants can re-enroll. Those who turn 19 in the program may volunteer to remain until they receive a high school diploma/equivalent, or turn 19 years 9 months. Altamed Youth Services provides services in the Greater Long Beach area. Qualifying teens may receive case management, subsidies for childcare, transportation and certain educational expenses, along with financial rewards for good school performance.

CALWORKS

www.ladpss.org/dpss/calworks/default.cfm

PH: (877) 481-1044

Temporary financial assistance and employment-focused services for low-income families with minor children: Medi-Cal; cash; food stamps; childcare/transportation subsidy; case management; substance abuse, domestic violence and mental health counseling. Able-bodied single parents must participate in 32 hours of work activity per week. Two-parent households must work a total of 35 hours per week. Eligibility is determined by income, family size and immigration status.

CALWORKS CHILDCARE HOTLINE

www.ladpss.org

PH: (877) 244-5399

Information and referrals for CalWORKs participants seeking childcare. If funds are available, DPSS may pay childcare expenses for ages 12 and under, up to age 21 for disabled and special needs care.

CHILD HEALTH AND DISABILITY PREVENTION (CHDP)

www.dhs.ca.gov/pcfh/cms/chdp

PH: (562) 570-7980

Early and periodic screening, diagnosis and referrals for low-income, uninsured (includes undocumented) youth under age 19; Medi-Cal recipients ages 0- 21; and children in Head Start and state preschool programs: health history; measurements; physical exam; review of dental, nutritional and developmental status; hearing and vision screens; tests for anemia, kidney problems, tuberculosis and lead exposure; immunizations and health education; no hospitalization or sick care. FEE: No charge.

DENTI-CAL

www.denti-cal.ca.gov

PH: (800) 322-6384

TTY: (800) 735-2922

Dental care for Medi-Cal recipients: inpatient and outpatient treatment; emergency and diagnostic services such as exams, radiographs, biopsies, dental prophylaxis and more. Call/visit the website for a list of local Medi-Cal dentists and more.

FOOD STAMPS

www.ladpss.org/dpss/food_stamps

PH: (877) 597-4777

Electronic Benefit Transfer (EBT) card to purchase food items. Eligibility is determined by monthly income, family size and immigration status. Non-legal residents with legal resident children may apply for their children.

GENERAL RELIEF (GR)

www.ladpss.org

PH: (877) 481-1044

Cash assistance for indigent adults who are ineligible for federal or state programs. Participants with no medical conditions that prevent employment may receive GR for 9 months in a 12-month period, if they comply with program employment and training services. Those unable to work have no time limits for receiving support. Substance abuse treatment is also available.

HEALTHY FAMILIES

www.healthyfamilies.ca.gov

PH: (562) 570-7979

Comprehensive health insurance coverage for uninsured under age 19 with a family income level too high to qualify for no-cost Medi-Cal: hospitalization, doctor visits, medical tests, prescriptions, mental health and substance abuse counseling, vision and dental care. Youth cannot be enrolled in another employer-based insurance plan for three months prior to applying, no retroactive billing. Eligibility is determined by income, family size and immigration status. FEE: Monthly premiums are \$9-\$15 per child, not to exceed \$45 per family, subject to change.

HEALTHY KIDS

www.lacare.org

PH: (562) 570-7979

Comprehensive health insurance coverage for LA County residents under age 19 (includes undocumented) who don't qualify for Medi-Cal/Healthy Families. New enrollment is limited to ages 0-5: inpatient and outpatient health and mental health services, prescriptions, vision and dental care. FEE: Monthly premiums are \$0-\$6 per child, \$5 copayments for some services, subject to change.

IN-HOME SUPPORTIVE SERVICES

www.ladpss.org

PH: (888) 944-4477

Subsidy for certain low-income aged, blind and/or disabled persons to prevent out-of-home placement: in-home/personal care services such as cleaning, cooking, laundry, shopping, accompaniment to the doctor.

KAISER PERMANENTE CHILD HEALTH PLAN

Info.kp.org/childhealthplan/

PH: (562) 570-7979

Comprehensive health insurance coverage for uninsured, low-income (includes undocumented) under age 19 who don't qualify for Medi-Cal/Healthy Families or employer-based coverage: hospitalization, doctor visits, medical tests, vision and dental care, prescriptions, mental health and substance abuse counseling.

FEE: Monthly premiums are \$8-\$15 per child, not to exceed \$24-\$45 per family, subject to change.

MEDI-CAL FOR ADULTS (FULL-SCOPE)

www.ladpss.org

PH: (877) 481-1044

Comprehensive health insurance coverage for certain low-income adults who are blind, disabled, 65+, diagnosed with cervical/breast cancer, and/or receiving Supplemental Security Income (SSI). Services include hospitalization, doctor visits, vision and dental care, prescriptions, mental health and substance abuse counseling. Billing is allowed three months retroactive to enrollment date. Eligibility is determined by income, family size and immigration status; low-income, undocumented with cervical/breast cancer also qualify.

MEDI-CAL FOR CHILDREN AND THEIR PARENTS (FULL-SCOPE)

www.ladpss.org

PH: (562) 570-7979 or (877) 481-1044

Comprehensive health insurance coverage for low-income youth up to age 21 who meet criteria. Families may also qualify if enrolled in CalWORKs; SSI; In-Home Supportive Services; foster care; adoption assistance; Entrant/Refugee Cash Assistance programs; or one parent is absent, deceased, unemployed, disabled/incapacitated, as certified by a doctor. Services include hospitalization, doctor visits, vision and dental care, prescriptions, mental health and substance abuse counseling. Billing is allowed three months retroactive to enrollment date. Eligibility is determined by income, family size and immigration status.

MEDI-CAL FOR EMERGENCIES (RESTRICTED)

www.ladpss.org

PH: (562) 570-7979 or (877) 481-1044

Emergency psychiatric, health and pregnancy-related services for low-income California residents (includes undocumented) ages 0-21 and their families, who don't qualify for full-scope Medi-Cal because of immigration status. No doctor's office visits/non-emergency care, except in cases of pregnancy. Billing is allowed three months retroactive to enrollment date. Eligibility is determined by income, family size and immigration status. Adults qualify as long as their children are enrolled in the program.

MEDI-CAL FOR PREGNANCY

www.ladpss.org

PH: (800) 832-2307 or (877) 481-1044

Full prenatal and delivery care for low-income, uninsured (includes undocumented) pregnant women and teens. Billing is allowed three months retroactive to enrollment date. Eligibility is determined by income and family size. Unmarried minors may apply confidentially.

MINOR CONSENT MEDI-CAL

www.ladpss.org

PH: (877) 481-1044

Unmarried youth under age 21 (includes undocumented) living as dependents, can access services without parental consent: treatment for sexually transmitted diseases, substance abuse, family planning, sexual assault, pregnancy-related care and outpatient mental health services. Youth must apply in person at their local DPSS office or other agency/clinic for enrollment and recertification every month, except for mental health services. Mental health treatment requires a letter from the mental health provider stating the need and duration of services. Billing is allowed three months retroactive to enrollment date.

SOCIAL SECURITY ADMINISTRATION

www.socialsecurity.gov

2005 Long Beach Blvd., Long Beach, CA 90806

4957 Paramount Blvd., Lakewood, CA 90712

PH: (800) 772-1213

Assistance with social security cards; benefits for retirement, disability and survivors. Spanish spoken. HRS: Monday-Friday 7 AM-7 PM.

SUPPLEMENTAL SECURITY INCOME (SSI)

www.socialsecurity.gov

PH: (800) 772-1213

Cash assistance and Medi-Cal for low-income blind, disabled and/or adults 65+.

WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM

www.longbeach.gov/health/services/womens_health/wic.asp

PH: (562) 570-4242

Supplemental nutritional program for low-income (includes undocumented) pregnant women, new mothers and children under age 5. Applicants must provide a medical referral attesting to pregnancy or nutritional risk, and proof of income and residence in Long Beach, Signal Hill or Lakewood. Services include supplemental nutritious food, nutrition education/referrals, breastfeeding support, screening and referrals to social services. Call/visit the website for more information. Spanish and Khmer spoken. FEE: No charge.