

MENTAL HEALTH: Private Pay/Insurance

ANGER MANAGEMENT FOR TEENS

City of Carson

ci.carson.ca.us/content/department/pub_service/youthsvsprogs.asp

PH: (310) 952-1700 Ext. 1671

Eight-week anger management program for ages 12-17, includes field trip to Terminal Island Federal Prison or Los Padrinos Juvenile Hall. Parents must attend two adult anger management classes concurrent with youth classes. Advanced registration is required. Call/visit the website for more information.

FEE: \$30 for Carson residents, \$35 for non-residents.

CENTER FOR DISCOVERY AND ADOLESCENT CHANGE

www.centerfordiscovery.com

4136 Ann Arbor Rd., Lakewood, CA 90712

PH: (562) 425-7418

Day/residential treatment programs in Long Beach and Lakewood for males/females: ages 11-19 for eating disorders, ages 11-17 for dual diagnosis services. FEE: \$890 per day, subject to change; private insurance. HRS: Monday-Friday 8 AM-4 PM.

CENTER FOR GROWTH!

5150 Candlewood St., Suite 12 B, Lakewood, CA 90712

PH: (562) 676-7126 or (310) 710-6269

Individual, family and group counseling; psychological testing; medication evaluation/support. FEE: Private insurance, sliding scale. HRS: By appointment.

CENTRO CHA, INC.

www.centrocha.org

727 Pine Ave., Long Beach, CA 90813

PH: (562) 570-4722

Individual and group counseling, court/probation advocacy, leadership training and more for ages 14-24. Spanish spoken. FEE: Sliding scale. HRS: By appointment.

CENTRO CONTRA LA VIOLENCIA

4429 E. Anaheim St., Long Beach, CA 90804

PH: (562) 218-2337

Classes for adults in anger management, domestic violence and parenting.
Spanish spoken.

FEE: \$25 intake fee, sliding scale. HRS: By appointment.

EDUCATIONAL PSYCHOLOGY CLINIC

California State University, Long Beach

www.ced.csulb.edu/edpac/clinic/

1250 Bellflower Blvd., Long Beach CA 90840

PH: (562) 985-4991

Developmental assessments for ages 3-6 to determine school readiness,
psycho-educational assessments and tutoring for ages 6-17, individual and
couples counseling for adults. Call/visit the website for more information.

FAMILY SERVICE OF LONG BEACH

www.familyservicecares.org

Administration and East Long Beach Counseling Office

5500 Atherton St., Suite 416, Long Beach, CA 90815

PH: (562) 493-1496

Individual, family, couples and group counseling; school-based services.

Spanish spoken. FEE: Healthy Families, sliding scale, private insurance.

HRS: Monday-Friday 9 AM-9 PM, Saturday 9 AM-3 PM.

Downtown Long Beach Counseling Office

1043 Pine Ave., Long Beach, CA 90813

PH: (562) 436-9893

Outpatient drug recovery program; adult classes in domestic violence, anger
management and parenting. Spanish spoken. FEE: Sliding scale. HRS: By
appointment

Bellflower Counseling Office

16704 Clark Ave., Bellflower, CA 90706

PH: (562) 867-1737

Individual, family and group counseling; school-based services; adult classes in domestic violence, anger management and parenting. Spanish spoken. FEE: Healthy Families, sliding scale, private insurance.

HRS: Monday-Friday 9AM-9 PM, Saturday 9 AM-3 PM.

GIRLFRIENDS-LBC, INC.

www.girlfriends-lbc.org

5615 E. Pageantry St., Long Beach, CA 90808

PH: (562) 608-8807

After-school support group for girls ages 11-15: creative activities, field trips, life skills training and more. Call/visit the website for application and more. Spanish spoken. HRS: Tuesday, Wednesday 4-6 PM at El Dorado Park West.

**HELPLINE YOUTH COUNSELING
LONG BEACH COUNSELING OFFICE**

www.helplineyouthcounseling.org

1133 Rhea St., Long Beach, CA 90806

PH: (562) 599-2244

Individual and family counseling, parent project/teen project, anger management classes for teens.

FEE: Sliding scale for counseling, \$20 intake for anger management/teen project classes, \$5 per class for anger management/teen project, \$25 textbook and \$5 per class for parent project. Call for more information.

JEWISH FAMILY AND CHILDREN'S SERVICES

www.jfcslongbeach.org

3801 E. Willow St., Long Beach, CA 90815

PH: (562) 427-7916

Individual, family and group counseling; school-based services; case management for disabled adults/seniors.

FEE: Sliding scale. HRS: Monday-Thursday 8:30 AM-8 PM, Friday 8:30 AM-4 PM.