MENTAL HEALTH: Medi-Cal/Healthy Families

ALMA FAMILY SERVICES
www.almafamilyservices.org
121 Linden Ave., Long Beach, CA 90802
Intake Office: (323) 881-3799
Long Beach Office: (562) 624-8844
Outpatient mental health services for individuals and families without/with special needs, including developmental disabilities: individual, family and group counseling; case management; therapeutic behavioral services for children; medication evaluation/support; dual diagnosis program. Spanish spoken.
FEE: Medi-Cal, Healthy Families. HRS: By appointment.

CHILDNET YOUTH AND FAMILY SERVICES
www.childnet.net
2931 Redondo Ave., Long Beach CA 90804
PH: (562) 490-7600
School, home and agency-based mental health services for ages 3-18 and their families: individual, family and group counseling; medication evaluation/support; case management and more. Spanish spoken.
FEE: Medi-Cal. HRS: Monday-Friday 8:30 AM-5 PM.

COMMUNITY FAMILY GUIDANCE
10929 South St., Suite 208 B, Cerritos, CA 90703
PH: (562) 924-5526
Outpatient mental health services for ages 3-17 and their families: individual, family and group counseling; medication evaluation/support. Spanish spoken. FEE: Medi-Cal, Healthy Families, AB 3632.
HRS: Monday-Thursday 8:30 AM-9 PM, Friday 8:30 AM-4:30 PM.
FAMILY AND YOUTH STARS PROGRAM
Community Family Guidance
10929 South St., Suite 214 B, Cerritos, CA 90703
PH: (562) 865-6444
Intensive short-term mental health services for ages 2-18 in acute crisis. Must have a history of psychiatric hospitalizations or out-of-home placements and present a high risk for placement failure because of severe emotional/behavioral problems. Services include school, home and agency based counseling; medication evaluation/support; case management; parent education. Parent/legal guardian must call to request services.
FEE: Medi-Cal, Healthy Families, AB3632. HRS: Monday-Thursday 8 AM-9 PM, Friday 8 AM-4:30 PM.

FOR THE CHILD
www.forthechild.org
Administration and Treatment Office Intake and Treatment Office
4565 California Ave., Long Beach, CA 90807 4001 Long Beach Blvd.,
Long Beach, CA 90807
PH: (562) 422-8472 PH: (562) 427-7671
School, home and agency-based mental health services for ages 2-18 and their families: Individual and family counseling, case management, parenting classes, medication evaluation/support, child abuse and domestic violence treatment programs. Call the intake and treatment office for an intake appointment. Spanish spoken.
FEE: Medi-Cal, Healthy Families, sliding scale, no charge for some services. OFC HRS: Monday-Friday 8 AM-5 PM.
FULL SERVICE PARTNERSHIP (FSP): For Adults
Department of Mental Health
Los Angeles County
dmh.lacounty.info/MHSA/plans/css.html
PH: (562) 435-3037
FX: (562) 256-1603
Comprehensive mental health services for adults diagnosed with a serious mental illness, at risk for/homeless, in frequent contact with psychiatric hospitals or the criminal justice system, living with family members and/or at risk for the above. Services may include help accessing counseling, health care/benefits, substance abuse/ domestic violence treatment, transportation, housing, job placement/training and more. Eligibility determined by phone screening. FEE: Medi-Cal, financial screening for all referrals, those with private insurance will be charged full cost.

FULL SERVICE PARTNERSHIP (FSP): For Children
Department of Mental Health
Los Angeles County
dmh.lacounty.info/MHSA/plans/css.html
PH: (562) 435-3037
FX: (562) 256-1603
Comprehensive mental health services for ages 0-15 and their families who are experiencing significant emotional, psychological and/or behavioral problems. Services may include help accessing health care/benefits, housing, substance abuse/domestic violence treatment, transportation to/from appointments, counseling and more. Eligibility determined by phone screening. FEE: Medi-Cal, financial screening for all referrals, those with private insurance will be charged full cost.
FULL SERVICE PARTNERSHIP (FSP): For Transition Age Youth  
Department of Mental Health  
Los Angeles County  
dmh.lacounty.info/MHSA/plans/css.html  
PH: (562) 435-3037  
FX: (562) 256-1603  
Comprehensive mental health services for ages 16-25 with a serious 
emotional disturbance; may be struggling 
with substance abuse; at risk for/homeless; aging out of children’s mental 
health, child welfare or the juvenile justice system; and/or leaving long-term 
institutional care. Services may include help accessing counseling, 
health care/benefits, housing, substance abuse treatment, transportation 
to/from appointments and more. Eligibility determined by phone screening. 
FEE: Medi-Cal, financial screening for all referrals, those with private 
insurance will be charged full cost.

THE GUIDANCE CENTER  
HINCHMAN HOUSE  
3711 Long Beach Blvd. 5th and 6th Floors, Long Beach, CA 90807  
Information: (562) 595-1159  
Appointments: (562) 485-3085  
School, home and agency-based mental health services up to age 18 and 
their families: Individual, group and family counseling; outpatient dual 
diagnosis program; medication evaluation/support; parent training; case 
management, CalWORKs services. Spanish spoken. FEE: Medi-Cal, 
Healthy Families, AB3632.  
HRS: Monday-Thursday 8 AM-8 PM, Friday 8 AM-6 PM.
THE GUIDANCE CENTER
NORTH LONG BEACH INTENSIVE SERVICES
4343 Atlantic Ave., Long Beach, CA 90807
PH: (562) 427-6860
School, home and agency-based intensive mental health services up to age 18 with severe emotional problems and their families: individual, group and family counseling, medication evaluation/support, case management, parent education, crisis intervention. Spanish spoken. FEE: Medi-Cal, Healthy Families, AB3632.
HRS: Monday-Thursday 8 AM-7 PM, Friday 8 AM-4:30 PM.

HARBORVIEW COMMUNITY SERVICES
www.sunh.com
850 E. Wardlow Rd., Long Beach, CA 90807
PH: (562) 981-9392
School, home and agency-based mental health services for ages 5-18 and their families: Individual and family counseling; case management; afternoon groups for ages 6-18 on topics such as social skills, anger management, grief and leisure skills. Spanish and Farsi spoken. FEE: Medi-Cal.
HRS: Monday-Friday 8 AM-6 PM.

LONG BEACH ASIAN PACIFIC MENTAL HEALTH PROGRAM
Department of Mental Health
Los Angeles County
1975 Long Beach Blvd., Long Beach, CA 90806
PH: (562) 599-9401
Outpatient mental health services for Asian and Pacific Islander communities: crisis intervention; individual, family and group counseling; case management; medication evaluation/support. Khmer, Tagalog, Vietnamese, Chinese and Laotian spoken. FEE: Medi-Cal, Healthy Families, sliding scale, those with private insurance will be charged full cost. HRS: Monday-Friday 8 AM-5 PM, Wednesday 8 AM-7 PM.
LONG BEACH CHILD AND ADOLESCENT PROGRAM
Department of Mental Health
Los Angeles County
240 E. 20th St., Long Beach, CA 90806
PH: (562) 599-9271
Outpatient mental health services for ages 0-17 and their families:
phone/walk-in crisis intervention, imminent danger assessment and
hospitalization assistance; no PMRT available; medication
evaluation/support; psychological testing; CalWORKs services. Functional
Family Therapy (FFT) for ages 11-17 and their families who have conduct,
attendance and/or family problems. Services include 3-6 months of intensive
family treatment to reduce/eliminate conflict and improve family
functioning. Spanish spoken, interpreters available.
FEE: Medi-Cal, Healthy Families, AB3632, sliding scale, those with private
insurance will be charged full cost.
HRS: Monday, Tuesday and Thursday 8 AM-6 PM; Wednesday 8 AM-7
PM; Friday 8 AM-5 PM.

_____________________________________________________________

LONG BEACH MENTAL HEALTH – ADULT SERVICES
Department of Mental Health
Los Angeles County
1975 Long Beach Blvd., Long Beach, CA 90806
PH: (562) 599-9280
Adult outpatient mental health services for Long Beach residents: walk-in
crisis intervention, imminent danger assessment and hospitalization
assistance; case management; psychosocial rehabilitation; medication
evaluation/support; residential placement assistance; HIV services; activity
clubhouse; individual and group counseling; CalWORKs services.
Spanish spoken. FEE: Medi-Cal, Healthy Families, sliding scale, those with
private insurance will be charged full cost. HRS: Monday-Friday 8 AM-5
PM, Wednesday 8 AM-7 PM, first intake appointment is walk-in only. Call
for more information.
MHA VILLAGE
Mental Health America of Los Angeles
www.mhavillage.org
456 Elm Ave., Long Beach, CA 90802
PH: (562) 437-6717
Services for ages 18+ with severe/persistent mental illness: counseling, medication evaluation/support, referrals to supported housing, education and more. Spanish spoken, sign language interpreter.

PACIFIC ASIAN COUNSELING SERVICES (PACS)
www.pacsla.org
3530 Atlantic Ave., Suite 210, Long Beach, CA 90807
PH: (562) 424-1886
Mental health and social services for all ethnicities, with expertise in Asian and Pacific Islander communities: individual, family and group counseling; medication evaluation/support; school-based services; parenting classes; case management; free youth programs; CalWORKs services. Spanish, Samoan, Mandarin, Cantonese, Taiwanese, Japanese, Khmer, Korean, Tagalog and Vietnamese spoken. FEE: Medi-Cal, Healthy Families, some services are low cost/no charge. HRS: Monday-Friday 9 AM-6 PM.

PACIFIC RESOURCES PSYCHOLOGICAL GROUP
www.prginc.com
4201 Long Beach Blvd., Suite 230, Long Beach, CA 90807
PH: (562) 988-1000
Outpatient mental health services for all ages: individual, couples and family counseling; medication evaluation/support and more. Spanish spoken. FEE: Medi-Cal, private insurance, private pay – $100 psychological intake, $85 individual session, $120 psychiatric intake, $90 psychiatric session. HRS: By appointment.
Day Treatment Program
LBUSD students ages 6-13½ must have an Axis I mental health diagnosis, live in Lakewood or an area of Long Beach on the border, and be unable to achieve success in an outpatient program. The 3-6 month program includes individual, family and group counseling; transportation to/from the program; case management; medication evaluation/support. FEE: Medi-Cal. HRS: Monday-Friday 9 AM-5 PM.

Probation Program
Outpatient mental health services for probationers within the LBUSD attendance area: individual and family counseling, groups for substance abuse and/or anger management, school or home-based services upon request. Spanish spoken.

RIO HONDO MENTAL HEALTH
Department of Mental Health
Los Angeles County
17707 Studebaker Rd., Cerritos, CA 90703
PH: (562) 402-0688
Adult outpatient mental health services for Service Area 7 residents (Lakewood): case management; psychosocial rehabilitation; medication evaluation/support; residential placement assistance; short-term individual or group counseling; CalWORKs services. Spanish spoken. FEE: Medi-Cal, Healthy Families, sliding scale, those with private insurance will be charged full cost. HRS: Monday-Friday 8 AM-5 PM;
Walk-In HRS: Monday, Tuesday, Thursday 8 AM.
STARVIEW COMMUNITY SERVICES
www.starsinc.com
100 E. Wardlow Rd., Long Beach, CA 90807
PH: (562) 427-6818
School, home and agency-based mental health services for ages 5-18 and their families: individual and family counseling, case management, therapeutic behavioral services for those who meet criteria, medication evaluation/support. FEE: Medi-Cal. HRS: Monday-Friday 8 AM-5 PM.

TRANSITION AGE YOUTH (TAY) ACADEMY
Mental Health America of Los Angeles
2025 E. 7th St., Long Beach, CA 90814
PH: (562) 284-0108
Comprehensive rehabilitative services for ages 18-25 with an Axis I mental health diagnosis: counseling; medication evaluation/support; independent living skills training; referrals to supported employment, education and housing. Spanish spoken. FEE: Medi-Cal, sliding scale, no one turned away for lack of funds. HRS: Monday-Friday 9 AM-5 PM.

THE WELLNESS CENTER
Mental Health America of Los Angeles
1078 Atlantic Ave., Long Beach, CA 90813
PH: (562) 285-0149
Programs to promote wellness, healing and recovery for ages 18+ with an Axis I mental health diagnosis: counseling, medication evaluation/support, self-help meetings, social/recreational opportunities and more. Call for a phone screening to determine eligibility. FEE: Medi-Cal, some services are low-cost/no charge.