FAMILY RESOURCE PROGRAMS

CENTRO SHALOM
www.centroshalom.com
2131 Long Beach Blvd., Long Beach CA 90806
PH: (562) 591-2214
Assistance with food, clothing, applications, immigration, divorce, eviction, child support and custody, restraining orders; self-esteem classes for Spanish speakers Tuesday 9 AM-1 PM; Legal Aid attorneys help with workers’ rights issues Thursday 4-6 PM. Spanish spoken. FEE: No charge. HRS: Monday-Friday 8 AM-3 PM.

DISTRICT PARENT RESOURCE CENTER – BUTLER
Long Beach Unified School District
1400 E. 20th St., Long Beach, CA 90806
PH: (562) 218-1244
Parent workshops on various topics: family literacy, standards and assessments, dealing with challenging behaviors, family fitness and nutrition, motivating your child and more; outreach library. Spanish spoken. FEE: No charge to LBUSD students and families. HRS: Monday-Friday 9 AM-5 PM.

DISTRICT PARENT RESOURCE CENTER – JEFFERSON
Long Beach Unified School District
735 Miramar Ave., Long Beach, CA 90804
PH: (562) 433-1550
Parent workshops on various topics: English as a Second Language (ESL), self-esteem, successful parenting, dealing with challenging behaviors, standards and assessments, motivating your child, learning styles, preparing for middle school and more; outreach library; Native American academic support. Spanish spoken. FEE: No charge to LBUSD students and families.
DISTRICT PARENT RESOURCE CENTER – MACARTHUR
Long Beach Unified School District
6011 Centralia St., Room B4, Lakewood, CA 90713
PH: (562) 429-6020
Parent workshops on various topics: the IEP process, dealing with challenging
behaviors, computer literacy, motivating your child, learning styles, preparing for
middle school, grandparents as parents and more; outreach library. Special education
staff is available to address questions/concerns about LBUSD programs and services
for students with special needs. FEE: No charge to LBUSD students and families.

DISTRICT PARENT RESOURCE CENTER – MUIR
Long Beach Unified School District
3038 Delta Ave., Long Beach, CA 90810
PH: (562) 997-8000 Ext. 7962
Lending library for videos, books and games; Read with Me/Keep on Reading
Backpack Programs; monthly family literacy and craft events; computers for
research, projects and practice; parent workshops for schools, PTA and other parent
gatherings on many topics: parents as homework coaches, self-esteem, taking the
stress out of completing a science fair project and more. Spanish spoken. FEE: No
charge to LBUSD students and families.

DISTRICT PARENT RESOURCE CENTER – STEPHENS
Long Beach Unified School District
1830 Columbia St., Long Beach, CA 90810
PH: (562) 981-8990
Parent workshops on various topics: parenting, nutrition, content standards, study
skills, preparing for college, strategies and tools to assist children in becoming
successful, STAR testing, preparation for testing, learning styles, ESL, literacy,
computer literacy; childcare for adult education; family literacy; outreach library.
Spanish and Tagalog spoken. FEE: No charge to LBUSD students and families. HRS:
Monday-Friday 8 AM-4:30 PM.
EXCHANGE CLUB FAMILY SUPPORT CENTER
www.downeyfamilysupport.com/parent1.htm
1032 Redondo Ave., Suite B, Long Beach, CA 90804
PH: (562) 434-6899
Parenting classes; Parent Aide Program provides trained, supervised staff for weekly in-home visits to assist parents of children ages 0-12, who are struggling with parenting issues. Call to determine eligibility. Spanish spoken. FEE: No charge.

FAMILY SUPPORT PROGRAM
Personal Involvement Center
2438 Vermont Ave., Suite 302, Harbor City, CA 90710
PH: (310) 517-8675
In-home case management program to assist families mobilize formal and informal resources. Phone intake to determine needs. Spanish spoken. FEE: No charge.

FOSTER AND KINSHIP CARE EDUCATION PROGRAM
Long Beach City College
fostercare.lbcc.edu
1305 E. Pacific Coast Highway, Building 00, Long Beach, CA 90806
PH: (562) 938-3014
Classes for foster parents, relative caregivers and foster youth: Independent Living Program (ILP) trains and supports foster youth ages 16-21 for independent living, Partnering for Safety and Permanence-Model Approaches to Partnerships in Parenting (PS-MAPP) provides mandatory training for all LA County DCFS foster parents, Kinship Education Preparation Support (KEPS) orientation provides relative caregivers with information on DCFS involvement. Website offers online workshop registration, schedules, resource links and more.

FRIENDS OUTSIDE
www.friendsoutsidela.org
Goodwill Industries, 800 West Pacific Coast Highway, Long Beach, CA 90806
PH: (562) 436-8703
Resources to assist inmates and their families: information, referrals, transportation for youth to visit their mothers at Chowchilla prison, family support group every 1st and 3rd Saturday 10:30 AM-12 PM. FEE: No charge.
HRS: Monday, Wednesday, Friday 8 AM- 4:30 PM.
HOME VISITATION PROGRAM
Richstone Family Center
www.richstonefamily.org
13634 Cordary Ave., Hawthorne, CA 90250
English: (310) 970-1921 Ext. 224
Spanish: (310) 970-1921 Ext. 134
Family needs assessment, parent education and case management for zip codes 90801, 90802, 90803. Spanish spoken. FEE: No charge.
HRS: Monday-Thursday 9 AM-9 PM, Friday 9 AM-6 PM.

KINSHIP RESOURCE CENTER SOUTH
Department of Children and Family Services
Los Angeles County
9834 Norwalk Blvd., Santa Fe Springs, CA 90670
PH: (562) 777-1751
Support for relative caregiver families who have exited the child welfare system through legal guardianship, Kin-GAP or adoption.
HRS: Monday-Friday 8 AM-5 PM.

LONG BEACH FAMILY RESOURCE CENTER
Miller Children’s Hospital
2801 Atlantic Ave., Long Beach 90806
24-Hour: (562) 933-8048
A warm line/walk-in center provides information on child development, disabilities, medical issues and more. Spanish spoken. FEE: No charge.

NEIGHBORHOOD RESOURCE CENTER
City of Long Beach
www.longbeach.gov/cd/neighborhood_services/resource_center/
425 Atlantic Ave., Long Beach, CA 90802
PH: (562) 570-1010
Resource library; workshops; access to computers, internet, fax and more.
HRS: Monday-Thursday 10 AM-7 PM, Friday 8 AM-5 PM.
PROGRAM ASSISTANCE FOR LANGUAGE MINORITY STUDENTS (PALMS)
Long Beach Unified School District
1515 Hughes Way, 3rd Floor, Long Beach CA 90810
PH: (562) 997-8031
Support to LBUSD English learners, families and schools: translations, school adjustment and transition support for new immigrants. Interpreters available. FEE: No charge to LBUSD staff, students and families. HRS: Monday-Friday 8 AM-4:40 PM.

UNITED CAMBODIAN COMMUNITY
2201 E. Anaheim St., Suite 200, Long Beach, CA 90804
PH: (562) 433-2490
Community-based empowerment programs for all ethnicities: performing arts for ages 8-18; Proud Parenting Program for pregnant/parenting ages 14-24+ Thursday 5:30-7 PM; assistance for Southeast Asian immigrants and more. Spanish spoken. FEE: No charge. HRS: Monday-Friday 9 AM-6 PM.