

ALCOHOL, DRUG AND TOBACCO ABUSE

CALIFORNIA ACCESS TO RECOVERY EFFORT (CARE)

www.CaliforniaCares4youth.com

PH: (866) 350-8773

Provides vouchers to LA County residents ages 12-20 for substance abuse treatment and recovery support services: assessment, outpatient and short-term residential treatment, activities that improve participation in treatment and recovery.

AL-ANON and ALATEEN

www.alanonla.org

PH: (888) 684-6444

Call/visit the website for information about 12-step meetings, literature and more.

ALCOHOL AND DRUG REHABILITATION SERVICES

City of Long Beach

2525 Grand Ave., Room 210, Long Beach CA 90815

PH: (562) 570-4100

Outpatient substance abuse treatment for ages 14+. FEE: Sliding scale.

HRS: Monday-Thursday 8 AM-8:30 PM, Friday 8 AM-5 PM.

ALCOHOLICS ANONYMOUS

www.hacoaa.org

3450 E. Spring St. #109, Long Beach, CA 90806

English: (562) 989-7697

Spanish: (310) 516-8626

Call/visit the website for information about 12-step meetings, literature and more.

ATLANTIC RECOVERY SERVICES

www.atlanticrecovery.org

944 Pacific Ave., Long Beach, CA 90813

PH: (562) 436-3533

Outpatient substance abuse services for adults/teens; school-based services; court-ordered drug testing and more. Spanish spoken.

HRS: Monday-Friday 8:30 AM-5:30 PM.

CALIFORNIA SMOKERS’/TOBACCO CHEWERS’ HELPLINE

www.californiasmokershelpline.org

English(800) NO-BUTTS

Spanish(800) 45-NO-FUME

Korean(800) 556-5564

Mandarin and Cantonese(800) 838-8917

Tobacco Chewers’ Helpline.....(800) 844-CHEW

TTY(800) 933-4TDD

Vietnamese(800) 778-8440

Information/support to help quit smoking and using smokeless tobacco: self-help materials, local referrals, phone counseling, online support materials.

FEE: No charge.

CAMBODIAN ASSOCIATION OF AMERICA

www.cambodian.com/caa

Main Office Branch Office

2390 Pacific Ave., Long Beach, 90806 2501 Atlantic Ave., Long Beach 90806

PH: (562) 988-1863 PH: (562) 424-6105

Parenting classes, domestic violence and outpatient substance abuse counseling for adults. Spanish and Khmer spoken. FEE: No charge. HRS:

Monday-Friday 8:30 AM-5:30 PM.

CENTER FOR DISCOVERY AND ADOLESCENT CHANGE

www.centerfordiscovery.com

4136 Ann Arbor Rd., Lakewood, CA 90712

PH: (562) 425-7418

Day/residential treatment in Long Beach and Lakewood for males/females: ages 11-19 for eating disorders, ages 11-17 for dual diagnosis services. FEE: \$890 per day, subject to change; private insurance.

HRS: Monday-Friday 8 AM-4 PM.

CENTRO CHA, INC.

www.centrocha.org

727 Pine Ave., Long Beach, CA 90813

PH: (562) 570-4722

Outpatient substance abuse treatment, court-ordered drug-testing and more for ages 14-24. Spanish spoken. FEE: Sliding scale.

HRS: Tuesday, Thursday 3:30-5 PM. Call to enroll.

CHOICES RECOVERY SERVICES

www.ChoicesofLongBeach.com

P.O. Box 40119, Long Beach, CA 90804

PH: (562) 930-0565

Outpatient/residential substance abuse/dual diagnosis services for adults, outpatient treatment for ages 14+. Call/visit the website for more information. FEE: Medi-Cal, CARE, sliding scale.

FLOSSIE LEWIS RECOVERY CENTER

351 E. 6th St., Long Beach, CA 90802

PH: (562) 435-7350

Residential substance abuse treatment for women ages 18-65. FEE: Sliding scale, indigent beds.

**NATIONAL COUNCIL ON ALCOHOLISM AND DRUG
DEPENDENCE (NCADD)/
WOMAN TO WOMAN**

3750 Long Beach Blvd., Long Beach, CA 90807

PH: (562) 426-8262

Adult outpatient/residential substance abuse treatment for women and their children, childcare for the outpatient program, 12-step meetings, domestic violence services and more. Spanish spoken.

Positive Choices

Teen outpatient substance abuse treatment: random drug testing, case management, school-based services and more. Spanish spoken.

SHARE!

Emotional Health Association

www.shareselfhelp.org

PH: (310) 305-8878

Referrals to over 10,000 self-help support groups in LA County. Call/visit the website for details.

STUDENTS TALKING ABOUT RESISTING SUBSTANCES (STARS)

City of Long Beach

PH: (562) 570-4100

Multi-media substance abuse and tobacco prevention workshops for teens and their parents, available for schools and other community locations upon request. FEE: No charge.

SUBSTANCE ABUSE FOUNDATION OF LONG BEACH, INC.

www.safinc.org

3125 E. 7th St., Long Beach, CA 90804

PH: (562) 439-7755

TTY: (800) 735-2929

Adult outpatient/residential substance abuse treatment; classes in anger management, domestic violence and parenting. Spanish spoken. FEE: Medi-Cal, sliding scale. HRS: Monday-Friday 8 AM-5 PM.

TARZANA TREATMENT CENTERS, INC.

www.tarzanatc.org

Outpatient Facility

5190 Atlantic Ave., Long Beach, CA 90805

PH: (562) 428-4111 Ext. 7100

Outpatient substance abuse/dual diagnosis services for adults/teens; random drug testing; case management; adult classes in anger management, domestic violence and parenting. Spanish spoken. FEE: Medi-Cal, CARE, private insurance, sliding scale. HRS: Monday-Friday 9 AM-8 PM.

Residential Facility

2101 Magnolia Ave., Long Beach, CA 90806

PH: (562) 218-1868 Ext. 6100

Residential substance abuse treatment for women and their children up to age 5, beds for female teens. Spanish spoken. FEE: Medi-Cal, CARE, private insurance, sliding scale.

TOBACCO EDUCATION PROGRAM (TEP)**City of Long Beach**

Miller Family Health Education Center, 3820 Cherry Ave., Long Beach, CA 90807

PH: (562) 570-7950

Takes reports of smoking violations in Long Beach, provides cessation materials when available.

TOTAL FAMILY SUPPORT CLINIC

www.totalfamilysupport.org

2511 Long Beach Blvd., Long Beach, CA 90806

PH: (562) 981-1501

Outpatient substance abuse treatment for ages 12+. FEE: Medi-Cal, sliding scale. HRS: Monday-Friday 8 AM-6 PM by appointment.